# Food Consumption 10/04/17 to 16/04/17 Diary Entry

## Monday 10/04/17

Breakfast

* 1 large cappuccino

Lunch

* 1 large Papa Johns (BBQ base, sweetcorn, chicken, ham)
* 1 litter bottle of Buxton water

Afternoon

* 1 Mc-flurry (instant win monopoly)

Dinner

* Sainsbury’s sausage pasta bake
* 2 cups of orange juice

## Tuesday 11/04/17

Breakfast

* 1 ham and cheese baguette
* 1 large cappuccino

Lunch

* Chicken, mayo and sweetcorn sandwich
* 1 litter of Buxton water
* 1 apple and grape fruit bag

Afternoon

* 1 cream egg Easter egg

Dinner

* Sainsbury’s spaghetti meatballs
* 2 slices of toasted wholemeal toast

## Wednesday 29/03/17

Breakfast

Lunch

Dinner

Evening

## Thursday 30/03/17

Breakfast

Lunch

Afternoon

Dinner

## Friday 31/03/17

Breakfast

Lunch

Dinner

Evening

## Saturday 01/04/17

Breakfast

Lunch

Afternoon

Dinner

## Sunday 02/04/17

Breakfast

Lunch

Afternoon

Dinner